

AN ONLINE
MULTIDISCIPLINARY
TEAM DEDICATED TO
INCREASING
ACCESSIBILITY TO
EDUCATION AT HOME



# Contact Us





SCROLL DOWN FOR YOUR FREE PARENT HANDOUT!

# Learn more about GET



**GET WHATSAPP** 



**GET WEBSITE** 







**GET SOCIAL MEDIA** 

## **ABOUT US**

GET IS AN ONLINE
MULTIDISCIPLINARY
TEAM DEDICATED
TO INCREASING
ACCESSIBILITY TO
EDUCATION AT
HOME AND
ABROAD



# GET Help:

"What activities can I do with my child?"

10 THINGS TO DO WITH YOUR KID

## I.Play Outside

Go to the playground, ride a bicycle, take a walk in the woods, toss or kick a ball together, jump rope, hopscotch

### 3. Build Together

- Build with wooden blocks Legos, Play-Doh
- Make forts inside and out
- Do puzzles

### 4. Read Together

- Books
- Magazines
- Signs

## 2. Play Games

- Board games
- Cat's Cradle
- Jacks
- Heads Up
- Paper airplanes
- Tag
- Simon Says
- Hide and seek

#### 5. Routine

#### and Schedule

Establish a daily
wakeup and bedtime
routine and schedule;
in the first week, plan
to use that schedule
once; every week
after, add one
more day
following
the schedule.











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### 6. Family Game Night

Opens up opportunities to enjoy conversation and teaches important skills like taking turns and being generous when you win or lose a game. No one likes a sore loser. No one likes a person that gloats either!

#### 8. Arts & Crafts

Do arts and crafts: paper, glue, yarn, clay, paint, and everything else you can think of!

#### 9. Chores

Chores are opportunities to use language and increase independence

### 7. Narrate

Talk to your kids every day about any subject they like. If you can't get your kids to talk think of asking them some funny questions.

#### 10. Screen Time

#### Routine

Establish a technology schedule (e.g., when and how long to use devices); in the first week, plan to use that schedule once; every week after, add one more day following the schedule.

GLOBAL EDUCATION THERAPY OFFERS VIRTUAL SPEECH THERAPY, OCCUPATIONAL THERAPY, TUTORING, AND SUPPORT FOR STRUGGLING READERS AT HOME AND LIVING ABROAD!





